

TRAVEL Itinerary



Aichi & Kyoto – 3 Days Trip

Day 01 – Nagoya Tour & Dialysis

- Arrive at Nagoya
- Explore the Sakae Area
- 12:00 PM
Lunch: Hitsumabushi
(Nagoya-Style Grilled Eel over Rice)
- Explore the Sakae Area
- 03:00 – 07:00 PM
Dialysis (Kaikoukai Central Clinic)
- 08:00 PM
Arrival at the hotel (Nagoya Tokyu Hotel)



-This model itinerary is thoughtfully designed so that patients undergoing dialysis treatment can enjoy traveling in Japan with peace of mind-

Day 02 – Kyoto Highlights Day Trip

- 09:00 AM
Depart from Nagoya Station
- 09:50 AM
Arrive at Kyoto Station
- Stroll around Kiyomizu-dera
Lunch
Explore Fushimi Inari Shrine
Explore the Gion & Shijo Area
- 05:00 PM
Depart from Kyoto Station
- 05:50 PM
Arrive at Nagoya Station
- 06:30 PM
Dinner at Nadaman Restaurant (Kaiseki Cuisine)



Day 03 – Nagoya Tour & Dialysis

- Stroll around Tokugawa Garden
- Explore Nagoya Castle
- Lunch:
Miso Nikomi Udon (udon noodles in miso soup)
- 03:00 – 07:00 PM
Dialysis (Kaikoukai Central Clinic)
- Transfer





Aichi, Gifu & Mie – 7 Days Trip

Day 01 – Nagoya Tour & Dialysis

- Arrive at Nagoya
- 09:00 AM – 01:30 PM
Dialysis (Kaikoukai Central Clinic)
- 02:00 PM
Lunch & Explore the Sakae Area
- 06:00 PM Dinner: Hitsumabushi
(Nagoya-Style Grilled Eel over Rice)
- 08:00 PM
Arrive at the hotel (Nagoya Tokyu Hotel)

Day 02 – Takayama Highlights Day Trip

- 07:00 AM
Depart from the hotel
- 07:43 AM
Depart from Nagoya Station
- 10:30 AM
Arrive at Takayama Station
- 10:50 AM
Depart from Takayama Station (Nohi Bus)
- 11:40 AM
Arrive at Shirakawa-go
Sightseeing in Shirakawa-go (Gassho-zukuri Village)
Lunch: Japanese cuisine
- 02:30 PM
Depart from Shirakawa-go (Nohi Bus)
- 03:20 PM
Arrive at Takayama
- 03:30 PM
Visit the Old Town of Takayama
- 05:00 PM
Depart from Takayama (JR Limited Express “Hida”)
- 07:30 PM
Arrive at Nagoya Station
- 08:00 PM
Arrive at the hotel



Day 03 – Nagoya Tour & Dialysis

- 09:00 AM – 01:30 PM
Dialysis (Kaikoukai Central Clinic)
- 02:30 PM
Lunch & Stroll around Tokugawa Garden
- 05:30 PM
Arrive at the hotel
- 06:00 PM
Dinner at Nadaman Restaurant (Kaiseki Cuisine)

Day 04 – Mie Highlights Day Trip

- 09:00 AM
Depart from the hotel
- 09:40 AM
Depart from Meitetsu Bus Center (Nagoya Station)
- 10:35 AM
Arrive at Nagashima Onsen (Mie Kotsu bus)
Jazz Dream Nagashima (Lunch and shopping)
- 03:40 PM
Transfer by shuttle bus
- 04:05 PM
Nabana no Sato – Seasonal Illumination Light Festival
(Mid-October to Late May)
- 05:30 PM
Dinner at Nabana no Sato
- 07:15 PM
Depart Nabana no Sato (Mie Kotsu bus)
- 08:15 PM
Arrive at Meitetsu Bus Center (Nagoya Station)
- 09:00 PM
Arrive at the hotel

Day 05 – Nagoya Tour & Dialysis

- 09:00 AM – 01:30 PM
Dialysis (Kaikoukai Central Clinic)
- 02:30 PM
Lunch & Stroll around Nagoya Castle
- 06:00 PM
Dinner at Kinshachi Yokocho (local food street)

Day 06 – Mie Highlights Day Trip

- 07:30 AM
Depart from the hotel
- 08:30 AM
Depart Nagoya Station (Kintetsu Limited Express)
- 10:00 AM
Arrive at Ise City
Visit Ise Grand Shrine (Geku / Outer Shrine)
- 11:15 AM
Transfer from Geku to Naiku by taxi
Visit Ise Grand Shrine (Naiku / Inner Shrine)
Okage Yokocho (lunch and free time)
- 03:00 PM
Depart Ise City (Kintetsu Limited Express)
- 04:30 PM
Arrive at Nagoya Station
- 05:00 PM
Arrive at the hotel
- 06:00 PM
Dinner at Nadaman Restaurant



Day 07 – Return to home country