

# A Peaceful Town of Komagane, Where the Four Seasons and Rich Culture Come Alive

【About 30 minutes from Komagane Kyoritsu Clinic — drive to Suganodai Bus Center, then transfer to a bus and ropeway】

## 01 Komagatake Ropeway

Komagatake Ropeway opened in 1967 as Japan's first mountain ropeway. Today, its summit station, with an elevation of 2,612 meters and a vertical difference of 950 meters, remains the highest in the country. In front of the station, the Senjojiki Cirque features a walking trail that can be completed in about 45 minutes. In spring, visitors can enjoy the budding alpine plants alongside the remaining snow, feeling the arrival of a new season in the mountains. In summer, a variety of alpine flowers bloom, while in autumn, the area offers easily accessible fall foliage that was ranked first nationwide by The Nikkei (Japan's leading financial newspaper), typically peaking from early to late October. In winter, the landscape is transformed into a magnificent snowy panorama, allowing visitors to fully enjoy the grandeur of the silver world.



Address: 759-489 Akaho, Komagane City / Hours: 8:00 a.m. – 5:00 p.m. / Admission Fee: 2,600 JPY

【About a 10-minute drive from Komagane Kyoritsu Clinic】

## 02 Kozenji Temple Garden

Kozenji Temple Garden, a nationally designated scenic site, spans approximately 6.7 hectares within the grounds of the Tendai sect's Hoshaku-san Kozenji Temple. The tranquil space is surrounded by more than ten historic buildings, including the Main Hall, Three-story Pagoda, Sanmon Gate, Niomon Gate, and the Important Cultural Property Benten-do, as well as towering cedar trees hundreds of years old.

In spring, the weeping cherry blossoms bloom, while in autumn, the colorful foliage is beautifully illuminated. Along the temple paths and garden, naturally growing moss emits a mystical glow. Visitors can also enjoy omikuji (fortune slips) and charms inspired by the legendary dog "Sotaro" and the temple's Enmei Water. Kozenji Temple Garden offers a harmonious blend of faith, nature, and history, making it a captivating destination.



Address: 29 Akaho, Komagane City / Hours: 9:00 a.m. – 4:30 p.m. / Admission Fee: 500 JPY

【About a 10-minute drive from Komagane Kyoritsu Clinic】

## 03 Kurasuwa Forest

Surrounded by lush nature, Kurasuwa no Mori is an experiential complex offering a variety of facilities, including a restaurant with a pizza oven and cheese workshop, a meat deli featuring artisan sausages, a two-story wooden library in the forest, as well as a bakery and a shop. Here in the forests of Komagane, visitors can experience the joy of being "delicious, delightful, and wholesome."

Image courtesy of Kurasuwa



Address: 16410 Akaho, Komagane City, Nagano / Hours: 9:30 a.m. – 6:00 p.m. / Closed: Wednesdays

# Komagane Kyoritsu Clinic

We provide comfortable dialysis treatment in a spacious dialysis room.



Our clinic is a dialysis facility operated by Kaikoukai Healthcare Group, which manages hospitals, clinics, and nursing care facilities mainly in Nagoya and the Chubu and Kanto regions. Kaikoukai Healthcare Group is **one of Japan's leading medical corporations**, serving **over 3,000 dialysis patients**.

We provide a comprehensive range of medical services for patients visiting for travel dialysis or inbound patients, including **appointment scheduling, translation, and interpretation support**.

**Languages supported: Chinese, English, Spanish, Indonesian, Portuguese**

## Access

◇ **From Komagane Station to Our Clinic**  
About a 5-minute drive

◇ **From Our Clinic to Matsumoto Castle**  
About a 1-hour drive via toll roads  
About 2 hours 45 minutes by public transport

◆ **From Chubu Centrair International Airport to Our Clinic**  
About a 2-hour drive via toll roads  
About 4 hours by public transport

◆ **From Our Clinic to Lake Suwa**  
About a 1-hour drive via toll roads  
About 2 hours 30 minutes by public transport

## Travel Dialysis Inquiries

**Kaikou International Healthcare Corporation**

**Phone:** +81-52-351-8889

**Fax:** +81-52-355-3555

**E-mail:** info@kaikoukai-kih.co.jp

**Hours:** Monday–Friday, 9:00 a.m. – 5:30 p.m.

## Dialysis Schedule

| Consultation Hours | Mon, Wed, Fri | Tue, Thu, Sat |
|--------------------|---------------|---------------|
| AM 9:00～           | ○             | ○             |
| PM 3:00～           | —             | ○             |
| PM 5:00～           | ○             | —             |